

Amanda HEAL Resili

HEAL Resilience Speaker and Author of Seeing By Vision Not By Sight

Using her 5 step FOCUS methodology, Amanda Heal will help you and your team overcome uncertainty and build resilience.

She will use her unique insight into facing and overcoming challenges as a totally blind professional, to show you and your team how to transform from being fearful, confused and stuck to being people who are in control, and who take courageous steps towards a clear vision.

TOPICS:

Fix your eyes on the Possibilities

Only by taking your eyes off your biggest obstacles can you then see the huge possibilities waiting for you just around the corner. Keep your eyes on the prize, NOT the problems.

Optimise your Goals

Breaking your goals down into clear, manageable steps builds your courage so you can achieve much greater outcomes. Optimised goals lead to outstanding

outcomes.

Connect with Conviction

Only by regularly checking in with your team and committing to your vision can you build consistency of action, performance AND results.

Connection brings

Connection brings commitment, and consistency.

Upgrade your Courage

Just like exercising a muscle, in tough times you have to keep working on your courage to keep it strong. Upgrade your courage for unbelievable results.

See your Success

rcising It's no good just
tough "feeling brave", you
have to have to put that
g on courage to work and
e to keep take bold actions
grade every single day.
e for Success is courage put
into action.

RAVE REVIEWS:

"Amanda helped change people's thinking in a way that had lasting impact. Amanda is an inspiring speaker. I highly recommend her."

Wendy Marman, Co-Founder,
 The Girls Leadership Network

"...Amanda's content (is) very informative and delivered with great professionalism. Trainees reported that they felt more empowered..."

Rod Chancellor, Trainer/Assessor,Transport Canberra.

"I love how accomplished she is in what she achieves despite being blind from birth. She would inspire anyone."

– Junia James, President,Canberra City Evening View

BOOK AMANDA TODAY:

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